



A program of the Panhandle Regional Planning Commission
Funded by the Texas Health and Human Services Commission

Caregiver Support Program

Eligibility - Care Recipient

- Age 60 or older or a diagnosis of dementia
- Reside in the Texas Panhandle
- Needing services on a temporary rather than long-term basis
- Limited income and resources
- Limited or no social support
- Cannot be receiving provider services through HHS, the VA or personal care with Hospice or Home Health Care.

Additional Resources

In-Home Provider Services

Health and Human Services (HHS)
Community Attendant Services
877-723-9049

Veterans Care Coordination (VCC)
855-380-4400
VeteransCareCoordination.com

Monthly Caregiver Support Group

1st Wednesday of the Month
12:00 pm – 1:00 pm
Central Church of Christ
1401 S Madison
Amarillo, TX 79101

Contact

Jaime Sharp

Caregiver Support Specialist
806-331-2227
jsharp@theprpc.org

Overview

The Agency's Caregiver Support Program provides critical support needed by families to assist them in maintaining their caregiver roles. The services available for family caregivers include the following:

- Information about resources to help families in their caregiver roles
- Assistance to caregivers in gaining access to available services
- Caregiver counseling, training, and peer support to help families cope with the emotional and physical stress of dealing with the disabling effects of a family member's chronic condition
- Respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities
- Supplemental services, on a limited basis, to complement the care provided by caregivers

Note: Services are not for individuals who need to go to work. The program is designed to provide the family caregiver a much-needed break.

Contracted provider agencies include: Accent Care, Caprock Home Health Services, Elara Caring, Goodcare Services, Heroes Homecare, Outreach Health Services, Visiting Angels

Additional Program Services

Grandparents Raising Grandchildren

Grandparents over 55 years of age, who care for grandchildren age 18 years or younger may qualify for services on a case by case basis.

Caregiver Education and Training

The AAA provides family caregivers with instruction to improve knowledge and performance of specific skills relating to their caregiving roles and responsibilities.

Note: AAA hosts educational events throughout the year covering various topics. AAA has 6 Caregiver Libraries throughout the Texas Panhandle.

Health Maintenance Supplies

The AAA offers one-time assistance with the purchase of incontinence supplies, nutritional supplement drinks, and some Durable Medical Equipment not covered by insurance (shower chair, walker, etc.).

Note: Assessment by Care Coordinator is required and purchases are made through contracted vendors only.